



2020 Young Adults Camp

July 13-17

9:00am - 3:00pm



This day camp is based on the Juniors Camp we have had for years but this camp is open to students age 12-16, and students age 11 with prior approval from Master Giletti. These students are more mature than our younger Juniors and have greater capabilities that need to be encouraged and challenged to bring out the more mature martial artist we know is inside these students.

Like the Juniors Camp it is an excellent way for new students to establish a solid foundation in Taekwon-do fundamentals, and for experienced martial artists to improve their minds and bodies. Emphasis will be placed on the cerebral side of Taekwon-do and on deepening an understanding of the higher concepts within Taekwon-do training while still working on age-appropriate physical conditioning.

Activities will take place in our large, bright, air-conditioned space, as well as outdoors when weather permits. Our instructors will lead daily Taekwon-do training as well as sessions of analysis of Taekwon-do theory and application.

- Camp meets Monday through Friday, 9:00am-3:00pm.
- Participants are encouraged to attend the TKDI Boot Camp as this camp will use that as a starting point and go further and deeper for the students.
- Participants should be dropped off each day at Glen Ridge Taekwon-do, 133B Glen Ridge Avenue, Montclair, NJ between 8:45-9:00am. Pick up will be at the same location at 3:00pm.
- Taekwon-do uniforms will be worn inside and gym clothes and sneakers for outside activities. Make sure all clothes, uniforms, etc. are labeled!
- Participants must bring their own lunch and reusable water bottle.
- Camps are filled on a first-come, first-served basis. Once camps are filled we will open a waiting list but cannot promise to accommodate those on the waiting list.



2020 Young Adults Camp Application Form

Participant's Name _____

Age & Birthdate _____

T-shirt size: _____

Child Small, Medium or Large, or
Adult Small, Medium or Large

Camp Fee

July 13-17 _____

Total: \$

\$425 for GRTKD students whose membership is current and not deferred for the summer

Parent/Guardian's Name _____

Address _____

City, State, Zip _____

Phone _____ Other contact no _____

Contact email: _____

(email is our main method for non-emergency contact)

In case parent is not available in an emergency, please provide two other contacts.

Name: _____ Phone: _____ Relation: _____

Name: _____ Phone: _____ Relation: _____

List below anyone besides a parent who is authorized to pick up your child.

Name: _____ Phone: _____ Relation: _____



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Allergies/Disorders	Details
Environmental allergies (please list)	
Drug allergies (please list)	
Food allergies (please list)	
Latex allergy (we may use balloons in camp)	
Asthma or other respiratory disorder	
Diabetes	
None of the above	

Medical conditions that could affect participation in camp: _____

Please list any other information about your child that will ensure him/her the best experience this summer.

Camp cancellation policy

In cases when a student can't attend camp, in order to receive a refund we must receive notification in writing by sending email to *info@glenRidgeTKD.com* at least four weeks before the camp session starts. A registration fee of \$50 is non-refundable. Cancellations received within four weeks of the session start date will forfeit the full tuition. Cancellation requests due to illness or accident prior to the camp session start date require a physician's written verification and upon receipt of verification, we will issue a full refund minus the deposit. Cancellations due to personal reasons will not receive a refund. Students who leave during a session will not receive a refund or credit for camp, other programs or items.

_____ (*initial here to accept our cancellation policy*)

PARENT/GUARDIAN'S AUTHORIZATION: All information on this form is correct and complete to the best of my knowledge, and my child has my permission to engage in all activities as part of the day camp at Glen Ridge Taekwon-do (GRTKD). Permission is granted to GRTKD to use any photos or video in which my child may appear for the purpose of publicity. In the event of an emergency, I hereby give permission to the physician selected by GRTKD to secure proper treatment for my child in the event that I cannot be reached. All possible care will be given to ensure Camp participants a safe and healthy experience. However, Glen Ridge Taekwon-do and its staff and employees are not responsible for any injury, accidental or intentional, that occurs to the participant during any of GRTKD's summer camps. In case of injury, participant should submit to their personal insurance policy. For the health of all Camp participants, please notify GRTKD if your child has been exposed to any communicable diseases.

SIGNATURE _____ **Date** _____