

Tying a Belt



Hold the middle of the belt to the child's belly and wrap it around to form a double layer.



Make sure the belt does not twist, so that the whole belt lays flat across the back.



If wrapped correctly, one end will be underneath and one will lay on top.



Take the end on top under all layers of the belt, evening out the ends if necessary.



Flip the bottom end in and cross the top end over and then up through to form a knot.



Pull tight to make a secure knot.