



# PROMOTION TEST REVIEW

## Testing for Green Belt & Green Belt with Blue Stripe

This sheet contains information you need to know to earn your Green Belt and Green Belt with Blue Stripe. Please familiarize yourself with the information before your upcoming test. If you do not know an answer, make sure to ask a Black Belt instructor, or check the Student Resources Page on our website, [www.GlenRidgeTKD.com](http://www.GlenRidgeTKD.com).

- 1) If you arrive late for class, you should:
  - (a) go home
  - (b) kneel at the edge of the mat and wait for permission to enter
- 2) If your belt comes untied during class, you should:
  - (a) turn your back to the flags and quickly fix it
  - (b) leave the mat to fix it
- 3) When greeting a Black Belt, you should:
  - (a) bow
  - (b) address him/her as Sir/Ma'am
  - (c) both

### Match the Korean word with its definition.

Cha-Ryut	Bow
Do-Bok	Return (to ready stance)
Kyung-Net	Attention
Shi-Jak	Master Instructor
Do-Jang	Begin
Joon-Bee	Ready (stance)
Sah-Bum-Nim	Taekwon-do uniform
Kwan-Jang-Nim	Grandmaster
Bar-Row	Taekwon-do School